



HOW TO STUDY ONLINE EFFECTIVELY- TIPS

Taking an online course for the first time? Based on research and best practices from our community, here are eight, go-to study tips for learning online.

#1: Set daily goals for studying



Ask yourself what you hope to accomplish in your course each day. Setting a clear goal can help you stay motivated and beat procrastination. The goal should be specific and easy to measure. Don't forget to reward yourself when you make progress towards your goal!

#2: Create a dedicated study space



It's easier to recall information if you're in the same place where you first learned it, so having a dedicated space at home to take online courses can make your learning more effective. Remove any distractions from the space, and if possible, make it separate from your bed or sofa. A clear distinction between where you study and where you take breaks can help you focus.



#3: Schedule time to study on your calendar

Open your calendar and choose a predictable, reliable time that you can dedicate to watching lectures and completing assignments. This helps ensure that your courses won't become the last thing on your to-do list.

#4: Keep yourself accountable



Tell your friends/ classmates about the courses you're taking, post achievements to your social media accounts, or blog about your homework assignments. Having a community and support network of friends and family to cheer you on makes a difference. Make sure you communicate frequently with your instructors and other apprentices



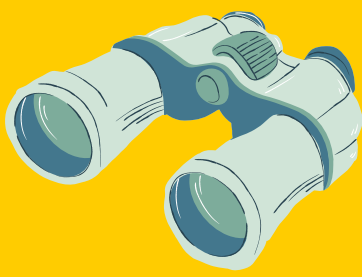
"One, remember to look up at the stars and not down at your feet. Two, never give up work. Work gives you meaning and purpose and life is empty without it. Three, if you are lucky enough to find love, remember it is there and don't throw it away."— Stephen Hawking



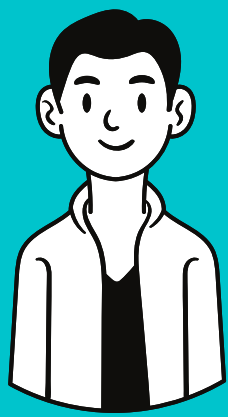
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#5: Actively take notes



Taking notes can promote active thinking, boost comprehension, and extend your attention span. It's a good strategy to internalize knowledge whether you're learning online or in the classroom. So, grab a notebook or find a digital app that works best for you and start synthesizing key points.



#6: Join the discussion

Course discussion forums and blogs are a great place to ask questions about assignments, discuss topics and share resources.

#7: Do one thing at a time



Multitasking is less productive than focusing on a single task at a time. Researchers from Stanford University found that "People who are regularly bombarded with several streams of electronic information cannot pay attention, recall information, or switch from one job to another as well as those who complete one task at a time." Stay focused on one thing at a time. You'll absorb more information and complete assignments with greater productivity and ease than if you were trying to do many things at once.

##8: Take breaks



Resting your brain after learning is critical to high performance. If you find yourself working on a challenging problem without much progress for an hour, take a break. Walking outside, taking a shower, or talking with a friend can re-energize you and even give you new ideas on how to tackle that project.



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